Help When You Need It

While there is not one "normal" reaction after a sexual assault, the effects can be psychological, emotional, and/or physical, and they may be brief or last a long time. No matter the effects you may be experiencing, we are here to help.

Your health matters.
You are always a part of our team.

If you believe you have experienced sexual assault, you can talk to someone anonymously by calling **877-995-5247** or online by visiting **safehelpline.org**. Trained staff are there to listen 24/7 and can talk through the options and resources available to you.

Talking to a trusted professional can be an important first step ***in the healing process.***

DoD
Safe Helpline
Sexual Assault Support for the DoD Community

24/7 Secure. Worldwide. Confidential.

Service members on flying status, in the Personnel Reliability Program (PRP) or in the Presidential Support Program (PSP) are reminded to follow Department of Defense and Service policy requiring you to inform your flight surgeon or Competent Medical Authority any time you receive medical and mental healthcare, especially when that care is from a non-DoD or non-Tricare source. Failure to do so may jeopardize your ability to continue in the PRP, PSP, or on flight status, and could possibly have other career implications.

When Service members seek care at a VA medical center, information regarding your treatment will be included in your VA medical record and may be accessed by Department of Defense personnel under certain circumstances on a need to know basis.

To find your nearest SARC, visit
www.safehelpline.org/search

sapr.mil

Taking Care of Service Members off the Battlefield:

Professional Response Resources for Sexual Assault

DEPARTMENT OF DEFENSE
SEXUAL ASSAULT PREVENTION AND RESPONSE OFFICE

Reporting Options that are Sensitive and Responsive to Your Needs

Service members and their adult military dependents have two reporting options:

REPORTING OPTION 1

An **Unrestricted Report** allows you to receive medical treatment, advocacy services, and legal support. With this option, DoD law enforcement initiates an investigation and your chain-of-command is notified. You have the right to be reasonably protected and may also be eligible for other protections, including a Military Protective Order and an expedited transfer.

REPORTING OPTION 2

A **Restricted Report** allows you to receive legal advice, medical and advocacy services, but does not trigger an investigation.

Only these Professionals can Accept a Restricted Report:

- Sexual Assault Response Coordinator (SARC)
- Sexual Assault Prevention and Response (SAPR) Victim Advocate (VA)
- Healthcare Provider or Personnel

! You do not have to tell law enforcement or your commander about your sexual assault to receive care and other forms of assistance.

Victim Reporting Preference Statement

SARCs and SAPR VAs assist victims to complete a **"Victim Reporting Preference Statement" (DD Form 2910)** so you can elect a reporting option and understand your rights and resources. This form may be used in other matters before other agencies (e.g., Department of Veterans Affairs) or for other lawful purposes.

You Are Not Alone – Dedicated Response Resources

Professionals are available everywhere the military operates to provide healthcare, advocacy, and legal representation that is independent of command.

>>> Sexual Assault Response Coordinator (SARC):

An installation/base resource who provides confidential support and coordinates care for a victim of sexual assault throughout the investigation and recovery.

>>> SAPR Victim Advocate (VA):

An advocate who provides confidential support, education, and resources to a victim of sexual assault under the supervision of the SARC.

>>> Military Chaplain:

A military member who can provide spiritual advice and counseling to a victim of sexual assault. Communication with a Chaplain is protected and will not be shared. However, Chaplains cannot accept a Restricted Report.

>>> Sexual Assault Medical Forensic Examiner (SAMFE):

A specially-trained medical professional who can conduct a Sexual Assault Forensic Examination (SAFE) and address medical concerns associated with the sexual assault.

>>> Special Victims' Counsel/Victims' Legal Counsel (SVC/VLC):

An active-duty Judge Advocate who represents a victim of sexual assault by providing legal advice, guidance, and assistance with exercising their legal rights as a crime victim, in a confidential, attorney-client relationship throughout the investigation and prosecution processes.

>>> Special Victim Investigator:

A Military Criminal Investigation Organization (MCIO) member who is specially-trained on the effects of trauma associated with sexual assault crimes and applies this understanding to investigation techniques.

DoD

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You Can Get Help Now!

You can get anonymous and confidential help 24/7 by calling the DoD Safe Helpline at:

877-995-5247
www.safehelpline.org

A trained professional is always there to provide immediate assistance and can connect you with local response resources.

You can also visit:

www.safehelpline.org/search

Type your zip code in the search bar and select from a list of the closest response professionals.