

REACHING OUT CAN SAVE A LIFE



Protect Others. Speak Up.

- PERSONALITY CHANGES
- STRESS & MOOD SWINGS
- RELATIONSHIP DIFFICULTIES
- INCREASED ALCOHOL & DRUG USE
- CHANGE IN WORK PERFORMANCE
- LACK OF INTEREST IN PREVIOUS ACTIVITIES OR HOBBIES





SCAN TO ACCESS MEN'S SAPR CAMPAIGN VIDEO RESOURCES





Need help? safehelpline.org | 877-995-5247 available 24/7